



KEEPING THE NORTH COUNTRY STRONG  
**CLAXTON - HEPBURN  
MEDICAL CENTER**

## **CHMC CHILDREN & ADOLESCENT MENTAL HEALTH UNIT TREATMENT TEAM**

**Unit Director:** The Unit Director is responsible for the overall functioning of the unit and oversight of all professionals assigned to the unit. Oversees all aspects of the unit to ensure we are providing the best care to your child.

**RN Coordinator:** A Registered Nurse, who implements, coordinates and evaluates patients care and staff whom are providing care. The RN coordinator will monitor the day-to-day activity of the unit.

**Psychiatrist:** A licensed physician trained in psychiatric disorders and treatment of such. Psychiatrist will aide in a verity of treatment including, individual and group therapy, and medication management.

**Psychiatric Nurse Practitioner:** A Registered Nurse who has completed advance nursing education on a Master's or Doctorate level. A Psychiatric NP is trained in diagnosis and treatment of psychiatric illness. Psychiatric NP performs daily assessments, medical evaluation, medication management as well as discharge planning.

**Social Worker:** A licensed professional who provides clinical services such as, individual and group therapies, family counseling, and therapeutic interventions. The Social Worker will guide you through your child's hospitalization and help coordinate your child's care from admission through to discharge.

**Occupational Therapist/Occupational Therapist Assistant:** An OT or OTA is a health a rehabilitation specialist who assesses your child's needs so your child can obtain the ability to achieve his/hers maximum level of functioning. An OT/OTA's assessment and treatment include, but is not limited to: social skills, sensory processing, and fine motor coordination, regulation of thoughts and feelings, and self-care.



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**Family Peer Advocate:** Family Peer Advocates have “live in” experiences as a parent or primary care giver of a child with social, emotional, behavioral, mental illness or a developmental disability. They help foster an effective relationship between the family, family peer advocate and your child. A family peer advocate will help support the family and enhance their skill so they can promote positive functioning of their child so they can be successful in the community.

**UR/Discharge Planner:** A Utilization Review and Discharge planner will coordinate, educate and manage the discharge plan of complex, high risk patients and families to reduce to the risk of readmission and prepares the patient and family for the post-hospitalization treatment plan. UR/Discharge Planner would review treatment plans against established OMH criteria and standards to assure treatment is consistent with standard medical practice. Will be involved in insurance precertification, concurrent planning, clinical case appeals, and discharge planning.

**Registered Nurse:** A Registered Nurse is licensed by NY State. An RN is trained to assess your child as well as to implement and evaluate care for all children on the unit.

**Teacher:** A NY State licensed professional teacher will be assigned to review your child’s educational needs. With your permission, coordinates with your child’s home school to obtain your child’s most current list of course work. The teacher tutors and monitors our classroom 5 days a week during in-session school time frames.

**Mental Health Worker:** A specialized staff member whom is able to assist your child with their daily functioning. The MHW will also promote improving daily living skills, group therapy, and academic and social modalities. The Mental Health Worker will be under the supervision of an RN.